

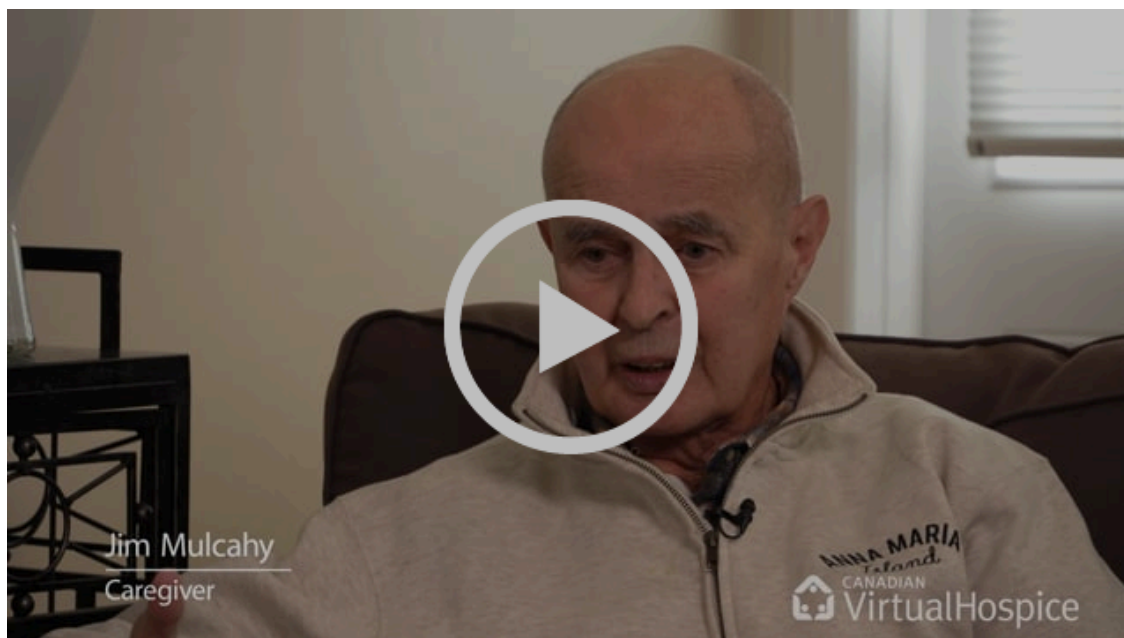
[View in browser](#)[Forward to a friend](#)

June Newsletter

The wisdom and insights of Jim Mulcahy

More than 10 years ago, Jim Mulcahy captured the hearts of people around the world with his reflections on the care that matters as he lived with Lymphoma while caring for his wife, Sarah, who had Huntington's Disease. [The Story](#) [About Care](#) has been viewed more than 81,000 times and is embedded in healthcare training across North America.

Today, we are thrilled to launch a new video series. Canadian Virtual Hospice filmmaker Wendy Rowland sat down with Jim as he reflected on the compounding diagnoses and losses that have touched him, his late wife and his children over of the last ten years. The wisdom he gained in the midst of deep suffering shines through in his insights on grief, illness, caring and what it means to be human.



The epitome of being human is to care for another

View some highlights:

- [Supporting my kids when they fear their future](#)
- [The need to be embraced](#)
- [Abide in the kinship of silence](#)
- [The nobility of caring](#)

Explore full gallery

10 Myths translated to Kinyarwanda

We are excited to announce that we have partnered with Dr. Christian Ntirimura, MD, MMSc (Twitter: [@ntizimira](#)), Founder and Executive Director of the African Center for Research on End-of-Life Care and an international member of the faculty of the Palliative Care Centre for Excellence in Research and Education (PaIC) to adapt the *10 Myths About Palliative Care* infographic for a Rwandan audience. This marks the first translation of this document into an African language.

Download 10 Myths About Palliative Care



Dr. Ntirimira's new book *A Safari Concept: An African Framework for End-of-Life Care* is a groundbreaking approach to palliative care that transcends cultural and linguistic barriers. By recognizing the importance of family and community in African cultures, the concept invites them to participate with medical caregivers in decision-making and care, as they have for millennia.

Order book

Holly Prince honoured

Holly Prince is the deserving recipient of:

- The Denise Brooks Health Equity Champion Award
- Carmelita Lawlor Lectureship in Palliative Care

The Denise Books Health Equity Champion Award recognized Holly's outstanding contributions to advancing health equity.

The Carmelita Lawlor Lectureship in Palliative Care at the Hospice Palliative Care Ontario conference was established to ensure there are ongoing opportunities to learn about palliative care from well-known and respected people in the field. Holly presented on the need for culturally-safe palliative care for Indigenous Peoples.

Holly is a national palliative care leader whose focus is improving palliative care for Indigenous Peoples. She is an Anishinaabekwe and a member of Opwaaganisiniing in Northwestern Ontario. Holly leads the Indigenous Peoples' Health and Aging Division at Lakehead University's Centre for Education and Research on Aging and Health and is also the Indigenous Lead with Canadian Virtual Hospice.

Kath Murray receives Lifetime Achievement Award

Congratulations to Kath Murray on being awarded the Canadian Palliative Care Nursing Association's (CPCNA) Lifetime Achievement Award. For close to 20 years, Kath Murray has worked with colleges and universities across Canada to assist educators to develop curricula and strengthen palliative care core competencies for public service workers, practical nursing, and registered nursing programs. This award honours a palliative care nurse and/or nurse practitioner, who has made outstanding contributions to palliative care, palliative care nursing and the CPCNA over the course of their nursing career.

My Wishes Alberta

The Covenant Health Palliative Institute released *My Wishes Alberta: Planning for My Care*, a fillable workbook that helps people identify what's important to them in their life, health, and personal care. This workbook was developed through a partnership with [Canadian Virtual Hospice](#) and was adapted from our

resource, [Coming Full Circle](#), an advance care planning tool co-created with a national Circle of Elders and Knowledge Carriers.

[Read more](#)

CALL TO ACTION: 2SLGBTQ+ poverty in Canada study

Canadian Virtual Hospice is excited to partner in Canada's first national study on 2SLGBTQ+ poverty in Canada. This six-year study, funded by the Social Sciences and Humanities Research Council of Canada (SSHRC) is being led by activist-scholar Nick Mulé, PhD, of York University.

Community Advisory Board members are being sought to provide advice over the next 6 years. Openings remain in: New Brunswick, Newfoundland and Labrador, Nova Scotia, Prince Edward Island, Quebec, Saskatchewan, Yukon, the Northwest Territories, and Nunavut.

[Learn more](#)

New LGBTQ2+ training modules

The Leukemia and Lymphoma Society of Canada has partnered with Queering Cancer to offer a new two-part training series to celebrate Pride Month. This training is geared towards the healthcare professionals in LGTBQ2+ communities.

- [Providing inclusive care for LGBTQ2+ people affected by cancer](#) (Background and Terminology)
- [Providing inclusive care for LGBTQ2+ people affected by cancer](#) (Clinical Practice)

Childhood Grief in Canada

Canadian Virtual Hospice is excited to partner on another first-of-its-kind research project, this time with the Canadian Alliance for Children's Grief ([CACGY](#)) and Kim Widger, PhD, a leading nursing researcher at the University of Toronto to better understand the prevalence and disparities of children's grief across Canada, and the types of support, or lack thereof, available to children who experience grief at a young age.

Understanding Palliative Care

The Covenant Health Palliative Institute has launched a new online module, *Understanding Palliative Care*. This interactive multimedia resource aims to improve public understanding of palliative care and help people appreciate the benefits of this sometimes poorly understood area of health care.

[Learn more](#)

Palliative Care is....

On June 1st, Equity in Palliative Approaches to Care (ePAC) launched a brand-new research guide to improve understanding of end of life and grief by those living in the inner city. Led by Dr. Kelli Stajduhar, the ePAC team includes inner city workers, researchers, and palliative care practitioners. For over five years, the team has been working to improve access to quality care for people facing serious illness and life-limiting conditions of homelessness, poverty, racism, criminalization, and stigma.

[Learn more](#)

Equity-Oriented Palliative Care

Palliative Medicine has released a special issue with 10 open access articles covering: palliative care for people who use drugs during epidemics and pandemics; access to palliative care for older people; creating 'safe spaces' for culturally-safe care; work-related grief; and more.

[Read more](#)

ARTICLE: The Stories We Tell Ourselves

Written by Danielle Chammas, MD, this article describes the importance of the stories we tell ourselves and how to shift the narrative. She shares personal experiences of how clinicians play a part in the stories of patients and families experiencing the end of life or the loss of a loved one, and how clinicians can impact their narratives for the better.

[Read more](#)

An interview with Hon. Sharon Carstairs

Barry Ashpole interviewed the Honorable Sharon Carstairs for the International Association for Hospice and Palliative Care. In this interview titled *Opportunities & Pitfalls in Government-Led Advances in Palliative Care*, Canada's long-time palliative care champion describes how she worked to achieve a national, government-endorsed agenda to improve access to palliative and end-of-life care.

[Read more](#)

ARTICLE: Characteristics and paramedic management of patients

This article written by Tania Johnston of Charles Sturt University describes the paramedic management of patients enrolled in the Palliative Care Assess, See, Treat and Refer Clinical Pathway which is supported by paramedic-specific education and clinical practice guidelines.

[Read more](#)

Canadian Virtual Hospice receives Serenia Life Financial donation

As part of Serenia Life Financial's "Action Team" initiative, the Canadian Virtual Hospice has received a donation of \$1,535. Their donation will be invested in our [KidsGrief.ca](https://www.kidsgrief.ca) platform to help parents and educators build their skills and confidence to support children and teens who are grieving a loss or expected loss. We are grateful for Serenia Life Financial's generosity and applaud their commitment to supporting communities.

Webinar Recordings

KidsGrief Q&A May

In this May webinar, children's grief expert Andrea Warnick answered your questions about children's grief.

- How do I honor the good and the bad of the parent who has died with a young child?

- How do I approached telling a child about a complicated relationship after someone dies?

[Watch recording](#)

KidsGrief Q&A June

In this June webinar, children's grief expert Andrea Warnick answered your questions about children's grief.

- What if other disciplines say addressing grief is out of their scope?
- How do you engage with a child in a grief group when their parents made them attend?
- What go-to small group activities for grief camps can be adapted for children 8-18 years old?

[Watch recording](#)

Events

Connected in Care Conference

September 21 to 22, 2023

The Pregnancy and Infant Loss Network are hosting their first biennial educational conference at the Sheraton Parkway Toronto North Hotel & Suites in Richmond Hill.

[Learn more](#)

Palliative Manitoba Conference

September 21 to 22, 2023

Palliative Manitoba's annual conference will be held in Canada Inns Polo Park in Winnipeg with the theme "It's Everybody's Business". Experience a unique blend of keynotes, educational sessions, and networking opportunities grounded in palliative care. You can also drop by Canadian Virtual Hospice's booth to say hi!

[Learn more](#)

Northwestern Ontario Palliative Care Conference

October 3 to 7, 2023

Presented by Lakehead University, this conference's theme is "Navigating the Journey Together: Providing Care for Ourselves and Others". The event aims to support capacity development in Ontario to provide quality palliative care to those who have received a palliative diagnosis.

[Learn more](#)

Canadian Hospice Palliative Care Association Conference

October 12 to 14, 2023

The upcoming in-person conference features plenaries, challenge panels, workshops, oral presentations, and posters. Join hospice palliative care professionals, health care workers, academics, advocates, volunteers, and students from every corner of Canada to learn, share, and connect!

[Learn more](#)

Annual Palliative Education and Research Day

October 23, 2023

This year's theme for Covenant Health's annual conference is "Personalized Palliative Care: Caring for People and Communities". This event will be held virtually with presentations from host of the [Waiting Room Revolution](#), Dr. Hsien Seow, PhD, and more.

[Learn more](#)

SAVE THE DATE: BC Hospice Education Day

November 3 to 4, 2023

This event, hosted by Vancouver Island Hospice Federation in partnership with the BC Hospice Palliative Care Association and the Fraser Federation of Hospices, will focus on promoting wellness for staff, volunteers and patients alike through strategic support and collaboration.

Canadian Children's Grief Symposium

November 14 to 15, 2023

This year's theme is "The Many Faces of Children's Grief" with University of B.C. law professor, Benjamin Perrin, and children's grief specialist, Andrea Warnick, delivering the keynote presentation.

[Learn more](#)

We'd love to hear from you!

[Place an order](#) for free printed materials, bookmarks, and tissues

[Email us](#) with a story idea

[Inquire about webinars](#) presented by our interdisciplinary team

[Update us](#) on palliative care news in your region

Socialize with #VirtualHospice for more stories and news



Copyright © 2023 Canadian Virtual Hospice | Portail canadien en soins palliatifs, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).